



Curriculum Plans - Year 2 - Physical Education - Academic Year 2023/24

Please find below a detailed outline of the curriculum covered in Physical Education curriculum through Year 2 in Key Stage 2.

	through Year 2 in Key Stage 2.										
	Block 1	Block 2	Block 3	Block 4	Block 5	Block 6	Block 7				
	Movement/	Gymnastics/	Catching and	Football	Basketball	Volleyball	Danish Longball,				
	Motor Skills	Swimming	Throwing				Athletics, Sports				
				Technical/Tact	Technical/Ta	Technical/Tactic	Days & BISL				
	Technical/Tact	Technical/Tactical:	Technical/Ta	ical: passing,	ctical:	al: low serve,	Olympics				
	ical: speed,	speed, agility,	ctical:	receiving,	passing,	dig, set, spike					
	agility,	balance,	throwing,	dribbling, and	footwork,	and playing to	Technical/Tactical:				
	balance,	footwork,	passing,	finishing.	dribbling,	space. Students	passing, receiving,				
	footwork,	coordination,	receiving,	Students make	shooting,	develop balance,	striking, and				
	coordination,	flexibility, power,	and making	decisions	positional	agility,	feilding. Students				
	flexibility,	and reaction time.	decisions	under	play, and	coordination,	will develop speed,				
	power, and	D 1 1 1 1	under	Pressure using	decision	power, and	agility, and				
	reaction time.	Psychological-	pressure and	speed, agility,	making	develop their	develop their				
	D	Positive approach	developing	power, and	Students	reaction time.	reaction time.				
	Psychological:	to play and concentration.	their reaction	develop their reaction time.	develop	Dayah ala sisalı	Davahalasiaali				
	positive	concentration.		reaction time.	agility, balance, and	Psychological:	Psychological:				
	approach to play and	Casiali managing	time.	Psychological:	develop their	positive approach to play	positive approach to play, and				
	concentration.	Social: managing individual success	Dayshalagica	positive	coordination.	approach to play	concentration.				
	concentration.	and failure.	Psychologica l: positive	approach to	Coordination.	concentration.	Social: teamwork,				
	Social: working	and failule.	approach to	play and	Psychologica	CONCENTIATION.	and managing				
	independently,	Students will	play and	concentration.	l: positive	Social: working	success and				
	communicatin	develop flexibility,	develop their	concentration.	approach to	independently	failure.				
	g rules	strength,	concentratio	Social: working	play, and	and	Students will				
	graics	technique, control	n.	independently	their	communicating	demonstrate				
	Students will	and balance.		and	concentratio	rules.	throwing and				
	demonstrate	Students will	Social:	communicatin	n.		catching to a				
	basic	compare their	teamwork	g rules.		Students will	target as well as				
Topic	movements	performances with	and		Social:	become familiar	develop balance,				
To	including	previous ones and	managing	Students will	teamwork	with making	agility and				
	running,	demonstrate	team	participate in	and	contact with the	coordination.				
	jumping as	improvement to	success and	team games,	managing	volleyball, using	Students will				
	well as	achieve their	failure.	developing	their success	underarm and	begin to apply				
	developing	personal best.	G. 1	simple tactics	and failure.	overarm	these skills in co-				
	balance, agility	6, 1, 1, 11, 1	Students will	for attacking	Students will	techniques.	operative and				
	and	Students will swim	demonstrate	and defending.	participate in	They will learn about the rules	competitive				
	coordination.	competently, confidently and	throwing and catching, as	The working	team games, developing	relating to	physical activities. Students will				
	Planning for	proficiently over a	well as	world: how	simple	volleyball.	demonstrate basic				
	tomorrow:	distance of at least	developing	cities are using	tactics for	volicyball.	movements				
	discussions on	25 metres.	balance,	sporting	attacking and	Keep it green,	including running,				
	sustainability	Students can	agility and	events to	defending.	keep it clean:	jumping, throwing				
	and being	perform safe self-	coordination,	improve social,	Opportunitie	discussion on	in a range of				
	responsible	rescue in different	and begin to	environmental	s for	ways	athletics				
	with our PE	water-based	apply these	and economic	everyone:	professional	competitions				
	sporting	situations.	in a range of	conditions.	discussing	sports are going	during sports days.				
	equipment.		activities.		proactive	green.	,				
		World around us:			behaviours		Healthy body,				
		discussions with	Better		that make		healthy mind:				
		swimming and life	together:		people from		discussions on				
		below water.	developing		all		how playing sports				
			friendships		backgrounds		strengthens your				
			and creating		feel		body and also				
			an anti		welcome.		improves your				
			bullying PE		and		muscle memory				
			environment.		respected in		and muscle				
					sports.		coordination.				





	Movement and	Gymnastics	Catching and	Football	Basketball	Volleyball	Danish Longball
Assessments	Motor Skills Assessment	Assessment Swimming Assessment	Throwing Assessment	Assessment	Assessment	Assessment	Assessment Athletics Assessment