



Curriculum Plans – Year 10 - PSHE – Academic Year 2023/24

Please find below a detailed outline of the curriculum covered in PSHE through Year 10 in key stage 4.

BLOCK	1	2	3	4	5	6	7
Dates	28th August - 27th September (5 weeks)	2nd October - 27th October (4 weeks)	6th November - 15th December (6 weeks)	3rd January - 2nd February (5 weeks)	12th February - 22nd March (6 weeks)	2nd April - 26th April (4 weeks)	6th May - 21st June (7 weeks)
Topics	Planning for Tomorrow Transition to KS4 and learning skills. Positive relationships.	The World around us Personal safety; Health promotion, mental health; recognising and responding to abuse. Domestic violence.	Opportunities for Everyone Diversity and discrimination, extremism) Social media and body image. Bullying and Cyberbullying.	The Working World Money management, fraud, and cybercrime. Skills for further employment, and study choices (A-level)	Healthy Body, Healthy Mind Drugs and alcohol; RSE	Keep it Green, Keep it Clean RSE continued;	Better Together First aid, Preparation for the future/ reflection. Recognising and celebrating success.