



Curriculum Plans – Year 1 - PSHE – Academic Year 2023/24

Please find below a detailed outline of the curriculum covered in PSHE through Year 1 in key stage 1.

BLOCK	1	2	3	4	5	6	7
Dates	28th August - 27th September (5 weeks)	2nd October - 27th October (4 weeks)	6th November - 15th December (6 weeks)	3rd January - 2nd February (5 weeks)	12th February - 22nd March (6 weeks)	2nd April - 26th April (4 weeks)	6th May - 21st June (7 weeks)
Topics	Planning for Tomorrow Families + Friendships	The World around us Safe Relationship; Consent. Safeguarding (PANTS); Mental Wellbeing.	Opportunities for Everyone Respecting Ourselves and Others; Belonging to a Community	The Working World Money and Work; W4/5 Media Literacy and digital resilience	Healthy Body, Healthy Mind Growing and changing. Physical health and wellbeing.	Keep it Green, Keep it Clean Belonging to a community. Environment.	Better Together Physical Health and Mental Wellbeing; Keeping safe in different environments; first aid.