

Relationships and Sex Education at BISL

In line with statutory guidance, BISL has embedded mandatory Relationships and Sex Education (RSE) into the curriculum from KS1-KS5. **We believe that RSE is vital for the personal, social and emotional development of our students. It equips children and young people with the information, skills and values they need to have safe, respectful and enjoyable relationships and empowers them to take responsibility for their sexual health and well-being.**

We believe that through providing high quality RSE, we are upholding the ethos, values and expectations of the school and its commitment to equality and celebration of difference.

We ensure the RSE policy is effectively communicated to staff and parents, including through publishing the policy on our school website. The policy complies with the statutory guidance document "Relationships and Sex Education (RSE) and Health Education" (DfE, 2019). The policy is also applied within the framework of other relevant legislation and practices, including the Equality Act 2010 and with the Health Education Programme in Slovenia. Health Education and Relationships and Sex Education (RSE) became compulsory for all secondary-age pupils in September 2020. Health Education and Relationships Education is also compulsory for all primary-age pupils in BSO Schools.

RSE is about the emotional, social and cultural development of students, and involves learning about relationships, healthy lifestyles, diversity and personal identity. It should support children and young people in managing mental health, 'growing up' and prepare them for an adult life in which they can:

- Foster students' well-being and develop the resilience and character that are fundamental to being happy, successful, and productive members of society.
- Provide students with the knowledge, skills and understanding they need to help them make informed decisions about their well-being, health and relationships.
- Enable students to build their self-efficacy, resilience and good judgement, and know when to ask for help and how to access support.
- Create a positive culture of communication around issues of relationships and provide a safe environment in which sensitive discussions can take place.
- Help students develop feelings of self-respect, confidence and empathy, through promotion of positive behaviour.
- Provide a consistent standard of relations, sex and health education across the school, and ensure that all students are equipped to deal with the RSE curriculum when they transition into secondary school.
- Provide a positive culture around sexuality and relationships.

RSE involves a combination of sharing information, and exploring issues and values with students. It is not about the promotion of sexual activity.