



Curriculum Plans – Year 1 - PSHE

Please find below a detailed outline of the curriculum covered in PSHE through Year 1 in key stage 1.

BLOCK	1	2	3	4	5	6	7
Dates	August - September (5 weeks)	October (4 weeks)	November - December (6 weeks)	January - February (5 weeks)	February - March (6 weeks)	April (4 weeks)	May - June (7 weeks)
Topics	Planning for Tomorrow Families + Friendships	The World around us Safe Relationship; Consent. Safeguarding (PANTS); Mental Wellbeing.	Opportunities for Everyone Respecting Ourselves and Others; Belonging to a Community	The Working World Money and Work; W4/5 Media Literacy and digital resilience	Healthy Body, Healthy Mind Growing and changing. Physical health and wellbeing.	Keep it Green, Keep it Clean Belonging to a community. Environment.	Better Together Physical Health and Mental Wellbeing; Keeping safe in different environments; first aid.