



Curriculum Plans - Year 10 - PSHE

Please find below a detailed outline of the curriculum covered in PSHE through Year 10 in key stage 4.

BLOCK	1	2	3	4	5	6	7
Dates	August - September (5 weeks)	October - (4 weeks)	November - December (6 weeks)	January - February (5 weeks)	February - March (6 weeks)	April (4 weeks)	May - June (7 weeks)
Topics	Planning for Tomorrow	The World around us	Opportunitie s for Everyone	The Working World	Healthy Body, Healthy Mind	Keep it Green, Keep it Clean	Better Together
	Transition to KS4 and learning skills. Positive relationships.	Personal safety; Health promotion, mental health; recognising and responding to abuse. Domestic violence.	Diversity and discriminatio n, extremism) Social media and body image. Bullying and Cyberbullyin g.	Money management, fraud, and cybercrime. Skills for further employment, and study choices (A- level)	Drugs and alcohol; RSE	RSE continued;	First aid, Preparation for the future/ reflection. Recognising and celebrating success.