



Curriculum Plans – Year 7 - PSHE

Please find below a detailed outline of the curriculum covered in PSHE through Year 7 in key stage 3.

BLOCK	1	2	3	4	5	6	7
Dates	August - September (5 weeks)	October (4 weeks)	November - December (6 weeks)	January - February (5 weeks)	February - March (6 weeks)	April (4 weeks)	May - June (7 weeks)
Topics	<b>Planning for Tomorrow</b>  Personal identity, teamwork, respect. Positive relationships. Peer influence. Managing conflict.	<b>The World around us</b>  Regulating emotions, hygiene, diet. Mental health, exercise. Whom to go to for help.	<b>Opportunities for Everyone</b>  Diversity, discrimination. Prejudice and stereotypes. Bullying.	<b>The Working World</b>  Financial decision-making; digital literacy, online safety. Careers, work experience, further education choices (IGCSE's)	<b>Healthy Body, Healthy Mind</b>  RSE: Body satisfaction and self-concept. Safe/Healthy Relationship. Consent. Sex and the media.	<b>Keep it Green, Keep it Clean</b>  Drugs and alcohol	<b>Better Together</b>  Careers, equal opportunities, setting goals. Cancer awareness. First aid.