



Curriculum Plans – Year 8 - PSHE

Please find below a detailed outline of the curriculum covered in PSHE through Year 8 in key stage 3.

BLOCK	1	2	3	4	5	6	7
Dates	August - September (5 weeks)	October (4 weeks)	November - December (6 weeks)	January - February (5 weeks)	February - March (6 weeks)	April (4 weeks)	May - June (7 weeks)
Topics	Planning for Tomorrow Personal identity, teamwork, respect. Positive relationships. Peer influence. Managing conflict.	The World around us Regulating emotions, hygiene, diet. Mental health, exercise. Whom to go to for help.	Opportunities for Everyone Diversity, discrimination. Prejudice and stereotypes. Bullying.	The Working World Financial decision-making; digital literacy, online safety. Careers, work experience, further education choices (IGCSE's)	Healthy Body, Healthy Mind RSE: Body satisfaction and self-concept. Safe/Healthy Relationship. Consent. Sex and the media.	Keep it Green, Keep it Clean Drugs and alcohol	Better Together Careers, equal opportunities, setting goals. Cancer awareness. First aid.